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Meeting News

Hosts

Greeters	Carlton Cook and Megan Porter
Presiding Officer	Kelly Coffin
Note Taker	Chuck Gehrke
Photographer	Spencer Ruffner
Reporter	Lana Archer
Publisher	Spencer Ruffner
Invocation	JoAnne Potvin
Song Leader	Dan Meikle at the Piano

Greeters





Greeter Carlton Cook

Guest and Greeter



Greeter Megan porter with guest Dan Swallow



Guest Jane Polzatek With Gale Hazelbaker

President's Announcements



Board meeting, Wednesday, October 26 at 7am at the TPS Board office Thanked our guests for attending.

50/50 Drawing

\$7.00 The winner, Bryan Masten was not here. Thanks Bryan

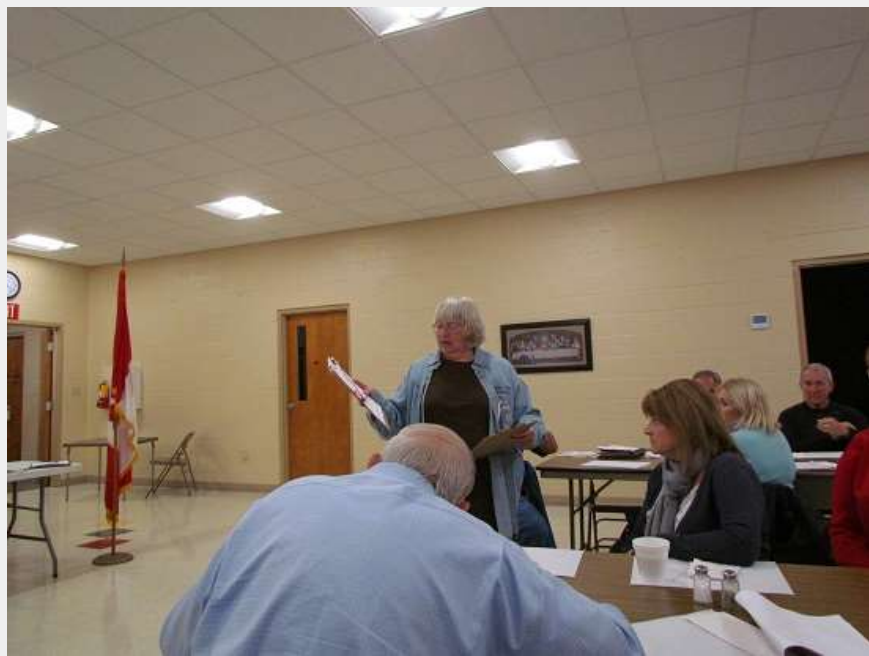
Announcements





Rob Publiski thanked those who worked at the Girls Swim Meet on Saturday 10-22. They had a "fun" time. Workers were Mike McAran, Chuck Gehrke, Spencer Ruffner, Anne Walker, Kelly Coffin and Ron Publiski. Ron Publiski announced nuts will be here in 2 weeks.

Spencer Ruffner announced the Chamber of Commerce member of the week is Handler Funeral Home.



Lana Archer has sign ups for Burn Barrels on November 11 and to work a booth at the Market On Evans on Saturday, November 12 from 10 to 2.

Birthdays





Birthdays; Susan Gilmore on the 26th and Gayle Hazelbaker on the 27th. We sang joyfully.

Fine Session



Finemaster, George Eidson quizzed and informed us about Hummingbirds.

There are 325 species in the World. North America has 8. They cannot walk, they hop because their feet are too small. They weigh 3 grams

It takes 350 hummingbirds make a pound.

The Ruby Throated crosses the Gulf of Mexico, flying 500 miles they make 9 stops.

But they do not ride on the backs of other birds.

They do not suck nectar, they have a long tongue which flicks at 15x a second.

They are aggressive, one in the group is more aggressive than others. They attack crows, blue jays and hawks.

They can fly 30 mph on the level and dive at 62 mph

Special Fines and Happy Dollars



Mike Becker for the Lions 3rd victory.





JoAnne Potvin was there and saw the Lions win.



Jerry Wolf and the love of his life went on a color tour up North. They wondered why they were going North when the colors on Russell Road were beautiful.



Susan Gilmore's younger sister had knee surgery and had been very ill but is doing better. She told Susan "you make Jim buy you jewelry".



Doug Bird thankful the truck that drove through his yard and hit a tree, missed his house.



Megan Porter for a fun Sunday MSU campus tour and lunch with Dick Feight.

Program



Megan Porter and Mandy Otto from Memory Care at Cambrian Senior Living.

The memory care facility has been in operation for 3 years. They are a state of the arts facility.

The residents are encouraged to happiness, through laughter, smiles and friendship.

They go fishing, to the movies, the fair and out to various locations.

They have a dynamic family environment and the staff is well trained and are positive approach certified. Mandy Otto, the Life Enrichment Coordinator at Cambrian, has trained under Teepa Snow and through a "story", about her grandfather, told us why she is in the position.

Mandy led the group in chair Zumba. an exercise to help with short term memory. 30 minutes of aerobic exercise daily can help prevent the onset of Alzheimer's. Our short-term memory is the first to go.

In early stages we lose peripheral vision early, gradually we go to binocular vision. Sight becomes less and less and we lose depth perception.

Patterns confuse and we see through clear glass, at Cambrian there are no patterns and dishes and glasses are bright colors.

Megan and Mandy demonstrated how patients are approached being mindful of their vision changes.

Also showed us how they use a "hand over hand" technique for feeding etc. We have a natural instinct to open our mouths when our hand is raised to it. Some patients eat finger food as their vision decreases. Cooking smells help to stimulate appetites. Dementia is an umbrella term for a variety of conditions. 73% of

dementia is Alzheimer's. Alzheimer's has stages and the middle stage is the longest.



Future Meeting Responsibilities

Date	Invocation	Note Taker	Greeter1	Greeter2	Fines	Program Chair	Program Description
November 1	Wendy Brys	Doug Bird	Doug Bird	John Bartram	Brian Callaghan	Lana Archer	Ellen Lei Artist
November 8	Sharon Hawley	Brian Callaghan	Dick Feight	Susan Gilmore	Gale Hazelbaker	Doug Bird	Anytime Fitness
November 15	Ron Publiski	Sharon Hawley	Mel Stubli	Megan Porter	Tom Meyer	Melody Fanslau	Gray Fox
November 22	Carlton Cook	Melody Fanslau	Jeff Seitz	Megan Porter	Mike McAran	George Eidson	Dip Stix Stuff
November 29	JoAnne Potvin	Anne Walker	Jerry Wolf	Spencer Ruffner	Ron Publiski	Lana Archer	Scarecro Project
December 06			Megan Porter	Beth Noden	Lance Ness	Mary Tommelein	Carreer Research Project



Kiwanis is a global organization of volunteers dedicated to



changing the world one child and one community at a time

to

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